

# Exemptions from Continuing Competence Requirements

## Request Form:

[Continuing Competence Exemption from Continuing Competence Requirement Request Form](#)

## NCBPTE Board Rule

### 21 NCAC 48G .0111 EXEMPTIONS

(a) To qualify for an exemption from the rules in this Subchapter, a licensee must furnish the applicable information required on the Continuing Competence Compliance Form.

(b) A member of the United States Armed Services is exempt pursuant to Rule. 0104 of this Section from compliance if on active duty for such period of time as G.S. 105-249.2 would grant an extension to file a tax return. The reporting period shall commence on January 1 following the licensee's discharge from active duty.

(c) The Board shall grant an exemption from completing applicable continuing competence requirements to any licensee who becomes disabled or sustains a personal hardship that makes completion of continuing competence requirements impractical. The exemption may last for a period not to exceed two years, which shall be granted to the applicant based upon the applicant's documented treatment of care.

(d) In cases of personal or family hardships, including medical issues or deployment, the Board shall allow the licensee up to an additional one year to complete the applicable continuing competence requirements.

(e) Upon written application to the Board, any licensee who is 65 years of age or older and is not engaged in practice or patient treatment shall be granted an exemption from completing continuing competence requirements.

(f) Other requests for partial exemptions for hardships or circumstances beyond the control of the licensee shall be granted by the Board upon written application of the licensee.

(g) A licensee seeking an exemption pursuant to this Rule shall provide written documentation to the Board to support the exemption.

*History Note: Authority G.S. 90-270.92; 93B-15;  
Eff. January 1, 2009;  
Amended Eff. January 1, 2014;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 1, 2018.*

## Rule Interpretations:

### 1. Definitions:

- a. Exemptions – in general, this status allows licensees to renew their license without completing continuing competence requirements at all if they remain exempt. If they change their status to return to clinical practice, the need for continuing competence activities to be completed will be reviewed and determined on a case-by-case basis.
- b. Active PT practice (related to exemption of CC) – licensees with exemptions and deferments may not actively practice PT in NC.

### 2. Licensees must submit the request for exemption in writing (personal letter, email, fax or Exemption Request form) with appropriate documentation of the circumstances for which they are seeking the exemption:

- a. Over 65 status
- b. Military
- c. Personal hardship, disability or circumstances beyond licensee control

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3. Determination of Reporting Periods or Timeframes for which Exemptions/Deferments are granted
  - a. Over 65 years of age exemptions are granted after the age is verified.
  - b. Hardship request scenarios must go to the Board for review and decision including timeframe of the exemption.
  - c. Renewal of the exemption is not guaranteed and is evaluated at each request for renewal.
  - d. Generally, exemptions cover a reporting period and once expired, the licensee becomes responsible for complying with the requirements during the next reporting period beginning January 1.
4. Change of Exemption status (return to clinical practice)
  - a. General rule or guideline for licensees who request to return to work who have an exemption:
    1. Require 30 PT/20 PTA points CC per Board rules be demonstrated to the board by sending in documentation, prior to Return to Work
    2. Move to the CC period that begins the January 1 after the exemption ends/return to work
  - b. Any request for an exemption will be handled on an individual basis.