

NOTE: THE RULES HAVE BEEN UPDATED AND WERE APPROVED BY THE RULES REVIEW COMMISSION 11-20-08 WITH THE EXCEPTION OF 21 NCAC 48G .0112 AND .0203. THE CHART HAS BEEN UPDATED TO REFLECT CHANGES MADE IN THE FINAL APPROVED RULES

Activities for Demonstrating Continuing Competence

DISCLAIMER: The Chart below was developed as a **“guide”** and to help clarify the Board’s Rules for licensees seeking information regarding the requirements for continuing competence; however, it is not a substitute for the Rules themselves. To the extent that the chart may be inconsistent with the Rules, the Board’s rules control decisions regarding the requirements.

Requirements:

Physical Therapists: Document 30 points in each 2 year period.

Physical Therapist Assistants: Document 20 points in each 2 year period.

All PT and PTA licensees must complete a jurisprudence exercise each 2 year period that is equal to 1 point and will be counted toward the total.

One (1.0) CEU = 10 contact hours, 10 classroom hours or 10 Course hours= 10 points; Activity must be at least 50 minutes to earn one hour of credit.

Clinical Skills and Expertise				
Activity	Value	Documentation	Limitations and Criteria for Physical Therapists	Limitations and Criteria for Physical Therapist Assistants
Continuing Education				
Participation in course or conference offered by approved party .0109 (a) (1)	1 course hour = 1 point	Conference agenda and certificate of attendance/CEUs	Up to 29 points maximum may be earned for each reporting period.	Up to 19 points maximum may be earned for each reporting period

Formal academic coursework related to physical therapy .0109 (a) (2)	1 class hour = 1 point	Course description and record or grade of C or better (or P if P/F)	Up to 29 points may be maximum may be earned for each reporting period.	Up to 19 points maximum may be earned for each reporting period
Attendance or participation without an assessment element (audited coursework, video/audio course, etc.) .0109 (a) (3)	2 study hours = 1 point	CEUs, contact hours, certificate of completion or summary report of learning and hours spent.	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Approved Provider course with registered participation and with an assessment element (online course, CE articles, home study course) .0109 (a) (4)	1 study hour = 1 point	CEUs, contact hours, certificate of completion and assessment results.	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
Participation in study group to advance knowledge and clinical skill (3 or more licensees involved) .0109 (a) (5)	2 study hours = 1 point	Biographies of participants and group attendance records verifying time spent, study group goals, analysis of goal attainment and learning	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Home study .0109 (a) (6)	3 study hours = 1 point	Record of home study objectives, activities and time spent to meet objectives, analysis of learning outcomes	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Continuing education participation required by credentialed residencies or fellowships .0109 (a) (7)	1 class hour = 1 point	Certificate of attendance issued by the credentialed residency or fellowship.	Up to 29 points maximum may be earned for each reporting period	N/ A

Advanced Training (Certification and Recognition)				
Clinical participation in APTA Credentialed Fellowship .0109 (b) (1)	Clinical participation of 1 year = 10 points	Letter from Fellowship Director documenting period of service	20 points maximum may be earned for each reporting period.	N/A
Clinical participation in APTA Credentialed Residency .0109 (b) (2)	Clinical participation of 1 year = 10 points	Letter from Residency Director documenting period of service	20 points maximum may be earned for each reporting period.	N/A
ABPTS specialty certification or re-certification .0109 (b) (3)	Receipt of certification or re-certification = 20 points	Notification letter from ABPTS granting certification.	20 points maximum may be earned for each reporting period.	N/A
APTA Certification for Advanced Proficiency for the PTA .0109 (b) (4)	Receipt of Designation	Notification letter from APTA granting recognition	N/A	19 points maximum may be earned for each reporting period. May be used only one time.
FSBPT's Practice Review Tool (PRT) .0109 (c)	Each specific area that is <u>passed</u> = 10 points; or completion of the exam without passing = 5 points	Documentation of certificate of completion	No maximum.	Points awarded one time for any practice area
Clinical Education				
Become an APTA Credentialed Clinical Instructor .0109 (d) (1)	1 course hour = 1 point	Credential certificate	29 points maximum may be earned for each reporting period. May be used one time only	19 points maximum may be earned for each reporting period. May be used one time only

Become APTA Credentialed Clinical Instructor Trainer .0109 (d) (2)	1 course hour = 1 point	Trainer certificate	29 points maximum may be earned for each reporting period. May be used one time only	19 points maximum may be earned for each reporting period. May be used one time only
Serve as Clinical Instructor for full time entry-level PT or PTA student; resident or fellow .0109 (d) (3)	1 point for every 40 hours of supervising for a period of at least 80 hours	Verification of the clinical supervision agreement with the accredited educational program for the student supervised and a log showing the number of hours spent supervising the student.	8 points maximum may be earned for each reporting period.	8 points maximum may be earned for each reporting period.
Presenting/teaching				
Presenting or teaching (<i>Primary or co-presenter</i>) in accredited PT or PTA program (adjunct) .0109 (e)	1 hour teaching = 2 points	Date, lecture/course title, name of institution, goals and objectives; letter from instructor indicating time spent in classroom.	6 points maximum may be earned for each reporting period.	6 points maximum may be earned for each reporting period.
Lecturer in accredited program for other health professionals .0109 (e)	1 hour teaching = 2 points	Written materials advertising the presentation; Subject and goals and objectives of the presentation; written materials prepared by licensee	6 points maximum may be earned for each reporting period.	6 points maximum may be earned for each reporting period.
Primary or co-presenter in state, national or international workshop, seminar or professional conference (one time presentation per topic; preparation time not included) .0109 (e)	1 hour teaching = 2 points	Written materials advertising the presentation; Subject and goals and objectives of the presentation; written materials prepared by licensee	6 points maximum may be earned for each reporting period.	6 points maximum may be earned for each reporting period.

Clinical Practice				
Full Time Practice - > 1750 hours worked per year .0109 (g) (1)	3 points / year for each year	Certification from employer or documentation of clinical practice hours as an owner of a practice	6 points maximum may be earned for each reporting period.	6 points maximum may be earned for each reporting period.
Part Time Practice - > 1000 hours worked per year .0109 (g) (2)	2 points / year for each year	Certification from employer or documentation of clinical practice hours as an owner of a practice	4 points maximum may be earned for each reporting period.	4 points maximum may be earned for each reporting period.
PRN - > 200 hours worked per year .0109 (g) (3)	1 point / year for each year	Certification from employer or documentation of clinical practice hours as an owner of a practice	2 points maximum may be earned for each reporting period.	2 points maximum may be earned for each reporting period.

Activities Related to Professional Roles

Professional Membership and Service (PT or interdisciplinary group)

Note: Only service in organizations such as APTA (national, section or chapter level), NCBPTE, advisory appointment that requires PT or PTA expertise is appropriate for this category. Must hold office or appointment for at least one year in period to qualify.

Activity	Value	Documentation	Limitations and Criteria for Physical Therapists	Limitations and Criteria for Physical Therapist Assistants
National level office or chair of national committee or task force .0109 (j) (1)	5 points / year for each year of service	Organizational materials listing participation, responsibilities and activities	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.

State level office or chair of state level committee or task force .0109 (j) (2)	4 points / year for each year of service	Organizational materials listing participation, responsibilities and activities	8 points maximum may be earned for each reporting period.	8 points maximum may be earned for each reporting period.
Local / regional / district level office or committee chair .0109 (j) (3)	2 points / year for each year of service	Organizational materials listing participation, responsibilities and activities	4 points maximum may be earned for each reporting period.	4 points maximum may be earned for each reporting period.
Committee member – as it relates to professional activities, or task force member .0109 (j) (4)	1 point for each year of service	Organizational materials listing participation, responsibilities and activities	2 points maximum may be earned for each reporting period.	2 points maximum may be earned for each reporting period.
Unpaid PT related community service .0109 (j) (5)	20 hours or more per year = 1 point	Minimum 20 hours per year volunteering. Published materials describing activity	2 points maximum may be earned for each reporting period.	2 points maximum may be earned for each reporting period.
APTA Membership .0109 (j) (6)	1 point/year	APTA membership card	2 points maximum may be earned for each reporting period.	2 points maximum may be earned for each reporting period.
APTA Section(s) Member .0109 (j) (7)	½ point / year	APTA membership card that identifies Section membership	1 point maximum may be earned for each reporting period; regardless of number of section memberships	1 point maximum may be earned for each reporting period; regardless of number of section memberships

Ethics training				
Jurisprudence exercise – REQUIRED .0109 (l)	Each jurisprudence exercise can only be taken once during the 2-year period.	Certificate of completion	2 points may be earned for each reporting period.	2 points may be earned for each reporting period.
Ethics exercise – Directed by the Board .0109 (k)	Ethics exercise can only be taken once during the 2-year period.	Certificate of completion	1 point may be earned for each reporting period.	1 point may be earned for each reporting period.
Workplace Education / Facility-based Education				
In-service (presentation or attendance) related to the practice of physical therapy .0109 (i) (1)	2 hours = 1 point	Attendance certification required.	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Safety training (CPR/AED, Risk Management, OSHA/Safety, HIPAA, etc.) .0109 (i) (2)	2 hours = 1 point	Attendance certification required.	1 point maximum may be earned for each reporting period.	1 point maximum may be earned for each reporting period.

Professional Self Assessment / Reflective Practice				
Reflective Practice Exercise – that describes process of evaluation of current clinical abilities; goals to improve clinical abilities; plan to meet those goals; objectives accomplished. .0109 (h)	5 points	Evidence of completion of all elements.	5 points, maximum may be earned for each reporting period.	5 points, maximum may be earned for each reporting period.
Research and Publishing				
Note: 15 points maximum may be earned for continuing competence requirements from this category .				
Research Grant Submitted (as principal investigator or co-PI) .0109 (f) (1)	10 points for submission of a research grant.	Title, abstract, funding agency, grant period documented.	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
Research Grant Funded (as principal investigator or co-PI) .0109 (f) (2)	10 points for serving as a principal investigator or co-PI	Title, abstract, funding agency, documentation of funding, funding period documented	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
Service as grants reviewer .0109 (f) (3)	1 point = 2 hours grant review	Dates of service, agency, hours of involvement	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Author/editor of a book related to the practice of PT .0109 (f) (4)	10 points	Copy of published book and resources	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.

Author/editor of published book chapter related to the practice of PT .0109 (f) (5)	5 points	Copy of published book chapter and resources	5 points maximum may be earned for each reporting period.	5 points maximum may be earned for each reporting period.
Published peer-reviewed article related to the practice of PT .0109 (f) (6)	10 points	Copy of article and resources.	10 points maximum may be earned for each reporting period.	10 points maximum may be earned for each reporting period.
Published non-peer reviewed article related to the practice of PT .0109 (f) (7)	3 points	Copy of article and resources.	3 points maximum may be earned for each reporting period.	3 points maximum may be earned for each reporting period.
Published peer-reviewed abstract for poster or presentation related to the practice of PT .0109 (f) (8)	5 points	Copy of abstract of poster or presentation and resources	15 points maximum may be earned for each reporting period. Credit for same presentation awarded only one time for credit.	15 points maximum may be earned for each reporting period. Credit for same presentation awarded only one time for credit.