

Position Statement – North Carolina Board of Physical Therapy Examiners

13. Performance of soft tissue mobilization vaginally or rectally by a PTA

Adopted – June 6, 2007

Reviewed – September 23, 2010, June 17, 2015, June 6, 2018

The NCBPTE determined that to perform soft tissue mobilization vaginally or rectally would require a continuous ongoing re-evaluation and reassessment that can only be performed by a physical therapist; therefore, it would **not** be appropriate for a physical therapist assistant to perform internal vaginal and rectal interventions.

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